

*Verena Radlingmayer*

# SOFTLY BACK INTO BALANCE: LIGHT ENERGY WORK

A female tradition honed in the tests of time, a down-to-earth way to remove the tensions and stresses and help you with shocks, challenges, and life's path, light energy work is a profound solution that's somehow magical. As a former lawyer, I have come to cherish this work as it requires no machine, no technology, just the power of the mind. I have come to cherish it for its amazing simplicity and powerful success.

## **What it is**

This is technique to balance emotions, energies and energy centers to gain well-being or to support a specific goal. It's soothing and calming as well as energizing and can be used with both children and adults.

## **How it works**

Life is energy, energy is life. Everything you are, everything in and around you, has to be in tune. With this work, you will gain the specific balance you require whilst your channels (meridians) and chakras are stabilized.

## **Whom it can help**

In its essence, it is a powerful way to regain well-being and stability. It is also fantastic in acute stress situations, eg shock, as well as after flying long-distance and having to cope with jet lag. This work is suitable for everyone, including children and animals.

## **Appointments**

Appointments are 45 minutes each and have to be booked in advance. Please make sure to arrive five to ten minutes early, this will give you some time to cool down from the stresses of the day. If conducted over distance, this won't be necessary. Simply enjoy the benefits you gain!

For your questions or booking please call my mobile +43-(0) 699-150 19 756.

**Sessions are conducted worldwide or in Gleisdorf, Business Park 6/1. Easily reached with public transport. Free parking available.**